

Tarts & Flans Report

Date: 2022/03/11

University College Birmingham

Title	Simple Allergens	Ingredients
Bakewell Tart	Allergens: Eggs, Gluten, Milk, Soya, Sulphur Dioxide, Tree Nuts, Wheat. May Contain: Nuts, Peanuts.	Wheat Flour (Wheat Flour, Gluten , Soya , Calcium Carbonate (E170), Iron, Niacin, Thiamine) Unsalted Butter (Milk) Sugar Pasteurised Whole Egg Ground Almonds (Nuts) Raspberry Jam (Glucose-Fructose Syrup, Raspberries, Sugar, Gelling Agent (Pectin), Acid (Citric Acid), Acidity Regulator (Trisodium Citrate)) Apricot Jam Glucose-Fructose Syrup, Apricots, Sugar, Gelling Agent (Pectin), Acid (Citric Acid), Acidity Regulator (Trisodium Citrates) Natural Flavour, Colour: Mixed Carotenes; Preservative: Potassium Sorbate, Sulphur Dioxide (Sulphites). Flaked Almonds (Nuts) , Salt Almond Essence (Water, Mono-propylene Glycol, Flavourings),
Cherry Bakewell Tart	Allergens: Eggs, Gluten, Milk, Soya, Sulphur Dioxide, Tree Nuts, Wheat. May Contain: Peanuts.	Wheat Flour (Wheat Flour, Gluten , Soya , Calcium Carbonate (E170), Iron, Niacin, Thiamine) Unsalted Butter (Milk) Sugar Fondant (Sugar, Glucose Syrup, Water) Egg Ground Almonds (Nuts) Apricot Jam Glucose-Fructose Syrup, Apricots, Sugar, Gelling Agent (Pectin), Acid (Citric Acid), Acidity Regulator (Trisodium Citrates) Natural Flavour, Colour: Mixed Carotenes; Preservative: Potassium Sorbate, Sulphur Dioxide (Sulphites). Raspberry Jam (Glucose-Fructose Syrup, Raspberries, Sugar, Gelling Agent (Pectin), Acid (Citric Acid), Acidity Regulator (Trisodium Citrate)) Milk Chocolate (Sugar, Cocoa butter (Milk), Whole Milk Powder, Cocoa Mass, Emulsifier; Soya lecithin, Vanilla, Cocoa solids (33.6%)) Glace Cherries (Cherries, Glucose-Fructose Syrup, Sugar, Acidity regulator: Citric Acid, Colouring: Erythrosine, Preservatives: Potassium Sorbate, Sulphur Dioxide) Almond Essence (Water, Mono-propylene Glycol, Flavourings), Salt
Chocolate Bakewell Tart	Allergens: Eggs, Gluten, Milk, Soya, Sulphur Dioxide, Tree Nuts, Wheat. May Contain: Nuts, Peanuts.	Wheat Flour (Wheat Flour, Gluten , Soya , Calcium Carbonate (E170), Iron, Niacin, Thiamine) Unsalted Butter (Milk) Sugar Pasteurised Whole Egg Ground Almonds (Nuts) Raspberry Jam (Glucose-Fructose Syrup, Raspberries, Sugar, Gelling Agent (Pectin), Acid (Citric Acid), Acidity Regulator (Trisodium Citrate)) Apricot Jam Glucose-Fructose Syrup, Apricots, Sugar, Gelling Agent (Pectin), Acid (Citric Acid), Acidity Regulator (Trisodium Citrates) Natural Flavour, Colour: Mixed Carotenes; Preservative: Potassium Sorbate, Sulphur Dioxide (Sulphites). Flaked Almonds (Nuts) , Salt Dark Chocolate (Sugar, Cocoa Butter, Cocoa Mass, Emulsifier; Soya lecithin, Vanilla, Cocoa Solids (54.5%)),
Egg Custard Tarts	Allergens: Eggs, Gluten, Milk, Soya, Wheat.	Milk Cows' MILK . Pasteurised Whole Egg Sugar Wheat Flour (Wheat Flour, Gluten , Soya , Calcium Carbonate (E170), Iron, Niacin, Thiamine) Unsalted Butter (Milk) Egg Vanilla Nutmeg Salt
Fresh Fruit Tarts	Allergens: Eggs, Gluten, Milk, Soya, Sulphur Dioxide, Tree Nuts, Wheat.	Wheat Flour (Wheat Flour, Gluten , Soya , Calcium Carbonate (E170), Iron, Niacin, Thiamine) Water Unsalted Butter (Milk) Crème Patisserie (Sugar, Full Cream Milk Powder, Vegetable Oil (Coconut) Modified starch (E1414, gelling agent E339, E450, E516, thickener E401, preservative E282, flavouring, colour E160b(11)) Sugar Egg Kiwi Blueberries Strawberries, Orange Mango Apricot Jam Glucose-Fructose Syrup, Apricots, Sugar, Gelling Agent (Pectin), Acid (Citric Acid), Acidity Regulator (Trisodium Citrates) Natural Flavour, Colour: Mixed Carotenes; Preservative: Potassium Sorbate, Sulphur Dioxide (Sulphites). Salt
Glazed Apple Flan	Allergens: Gluten, Milk, Soya, Sulphur Dioxide, Wheat. May Contain: Eggs.	Apple Wheat Flour (Wheat Flour, Gluten , Soya , Calcium Carbonate (E170), Iron, Niacin, Thiamine) Sugar Unsalted Butter (Milk) Apricot Jam Glucose-Fructose Syrup, Apricots, Sugar, Gelling Agent (Pectin), Acid (Citric Acid), Acidity Regulator (Trisodium Citrates) Natural Flavour, Colour: Mixed Carotenes; Preservative: Potassium Sorbate, Sulphur Dioxide (Sulphites). Lemon Salt Cloves
Lemon Curd Tarts	Allergens: Eggs, Gluten, Milk, Soya, Wheat.	Wheat Flour (Wheat Flour, Gluten , Soya , Calcium Carbonate (E170), Iron, Niacin, Thiamine) Unsalted Butter (Milk) Sugar Egg Lemon Curd Sugar, Glucose-Fructose Syrup, Water, Palm Oil, Cornflour, whole Dried Egg , Concentrated Lemon Juice, Gelling Agent: Pectin, Acid: Citric Acid, Salt, Lemon Oil, Acidity Regulator: Sodium Citrates, Colour: Beta- Carotene, Antioxidant: Ascorbic Acid Salt Salt

Title	Simple Allergens	Ingredients
Lemon Tart	Allergens: Cereals, Eggs, Milk.	Egg Plain wheat flour Lemon Sugar Salted Butter (Milk) Butter (Milk) (Minimum fat content 80%, Salt (Maximum 1.9%) Cream (Milk) Egg Yolk Caster Sugar Sugar Egg Icing Sugar (Sugar (97%), Maize Starch) Salt
Pear & Almond Tart	Allergens: Eggs, Gluten, Milk, Soya, Sulphur Dioxide, Tree Nuts, Wheat. May Contain: Nuts, Peanuts.	Pear Halves (Pear, Water, Sugar, Acidity Regulator Citric Acid), Wheat Flour (Wheat Flour, Gluten , Soya , Calcium Carbonate (E170), Iron, Niacin, Thiamine) Unsalted Butter (Milk) Sugar Apricot Jam Glucose-Fructose Syrup, Apricots, Sugar, Gelling Agent (Pectin), Acid (Citric Acid), Acidity Regulator (Trisodium Citrates) Natural Flavour, Colour: Mixed Carotenes; Preservative: Potassium Sorbate, Sulphur Dioxide (Sulphites). Pasteurised Whole Egg Ground Almonds (Nuts) Flaked Almonds (Nuts) , Egg Water Wheat Flour (Wheat Flour, Gluten Calcium, Iron, Vitamin B3, Vitamin B1), Salt Almond Essence (Water, Mono-propylene Glycol, Flavourings),
Pear and Almond Cream Tart	Allergens: Eggs, Milk, Sulphites, Sulphur Dioxide, Tree Nuts. May Contain: Gluten, Nuts, Peanuts, Soya.	Pear Plain wheat flour Ground Almonds (Nuts) Salted Butter (Milk) Butter (Milk) (Minimum fat content 80%, Salt (Maximum 1.9%) Unsalted Butter (Milk) Egg Sugar (Egg) white Caster Sugar Sugar Peach Jam (340g) Peach (46%) prepared with 46g fruit per 100g, Sugar, Water, Lemon Juice , Apple Pectin. Total sugar Content 66g per 100g Apricot Jam Glucose-Fructose Syrup, Apricots, Sugar, Gelling Agent (Pectin), Acid (Citric Acid), Acidity Regulator (Trisodium Citrates) Natural Flavour, Colour: Mixed Carotenes; Preservative: Potassium Sorbate, Sulphur Dioxide (Sulphites). Flaked Almonds (Nuts) , Egg Water Lemon Juice (Water, Concentrate Lemon Juice, Lemon Oil, Preservative (Potassium Metabisulphite)) Almond Essence (Water, Mono-propylene Glycol, Flavourings), Salt
Pecan Sponge tart with Pecan, Maple Chocolate Fondant Sauce	Allergens: Eggs, Gluten, Milk, Nuts, Soya, Wheat. May Contain: Peanuts, Tree Nuts.	Wheat Flour (Wheat Flour, Gluten , Soya , Calcium Carbonate (E170), Iron, Niacin, Thiamine) Unsalted Butter (Milk) Sugar Egg Pecan Nuts Dark Chocolate (Sugar, Cocoa Butter, Cocoa Mass, Emulsifier; Soya lecithin, Vanilla, Cocoa Solids (54.5%), Maple syrup Gluten Free Baking Powder (Raising agents (E 450 (diphosphates), E 500 (sodium carbonates), maize starch) Salt
Raspberry Jam Tarts	Allergens: Eggs, Gluten, Milk, Soya, Wheat. May Contain: Sulphur Dioxide.	Wheat Flour (Wheat Flour, Gluten , Soya , Calcium Carbonate (E170), Iron, Niacin, Thiamine) Unsalted Butter (Milk) Sugar Egg Raspberry Jam Glucose-Fructose Syrup, Raspberries, Sugar, Gelling Agent (Pectin), Acid (Citric Acid), Acidity Regulator (Trisodium Citrate), Natural Flavour, Colour: Anthocyanin. May contain traces of Egg , Soya , Milk , Gluten and Sulphur Dioxide (Sulphites). Produced in a factory that handles Nuts . Salt Salt
Raspberry Jam Tarts and Lemon Curd Tarts	Allergens: Eggs, Gluten, Milk, Soya, Wheat. May Contain: Sulphur Dioxide.	Wheat Flour (Wheat Flour, Gluten , Soya , Calcium Carbonate (E170), Iron, Niacin, Thiamine) Unsalted Butter (Milk) Sugar Egg Raspberry Jam Glucose-Fructose Syrup, Raspberries, Sugar, Gelling Agent (Pectin), Acid (Citric Acid), Acidity Regulator (Trisodium Citrate), Natural Flavour, Colour: Anthocyanin. May contain traces of Egg , Soya , Milk , Gluten and Sulphur Dioxide (Sulphites). Produced in a factory that handles Nuts . Lemon Curd Sugar, Glucose-Fructose Syrup, Water, Palm Oil, Cornflour, whole Dried Egg , Concentrated Lemon Juice, Gelling Agent: Pectin, Acid: Citric Acid, Salt, Lemon Oil, Acidity Regulator: Sodium Citrates, Colour: Beta- Carotene, Antioxidant: Ascorbic Acid Salt Salt