

Cream Cakes Report

Date: 2022/03/11

University College Birmingham

Title	Simple Allergens	Ingredients
Apple Turnovers with Creme Chantilly	Allergens: Eggs, Gluten, Milk, Wheat.	Puff Pastry Wheat Flour (Gluten) (with Calcium, Iron, Niacin, Thiamin), Margarine(Palm Oil, Water, Rapeseed Oil, Salt), Water, Preservative (Potassium Sorbate). Apple Pie Filling (Apples (43%), Apple Puree, Water, Sugar, Modified Maize Starch, Acidity Regulators (Citric Acid, Trisodium Citrate), Flavouring, Preservative (Potassium Sorbate), Colour (Ammonia Caramel), Cream (Milk) ICING SUGAR 10X500G Sugar (97%), Maize Starch. Egg Vanilla Essence (Water, Monopropylene Glycol, Colour (Caramel E150a), Flavourings)
Chocolate Eclair with Chocolate Pastry Cream	Allergens: Eggs, Gluten, Milk, Soya, Wheat.	Egg Wheat Flour (Wheat flour (Gluten), Calcium Carbonate (E170), Iron, Nicotinamide (Vitamin B3), Thiamine Hydrochloride (Vitamin B1) Milk Margarine (Vegetable Fat, Palm Oil, Vegetable Oils, Rapeseed, Sunflower, Water, Salt, Emulsifier: Polyglycerol Esters Of Fatty Acids (E 475), Flavouring, Curcumin (E 100), Annatto (E 160B) Unsalted Butter (Milk) Sugar Egg Yolk Dark Chocolate (Sugar, Cocoa Butter, Cocoa Mass, Emulsifier; Soya lecithin, Vanilla, Cocoa Solids (54.5%), Liquid Glucose Cornflour (Maize Starch) Salt
Coffee Eclairs	Allergens: Eggs, Gluten, Milk, Tree Nuts, Wheat.	Egg Wheat Flour (Wheat flour (Gluten), Calcium Carbonate (E170), Iron, Nicotinamide (Vitamin B3), Thiamine Hydrochloride (Vitamin B1) Crème Patisserie (Sugar, Full Cream Milk Powder, Vegetable Oil (Coconut) Modified starch (E1414, gelling agent E339, E450, E516, thickener E401,preservative E282, flavouring, colour E160b(11)) Fondant (Sugar, Glucose Syrup, Water) Coffee (Sugar, Water, Chicory Extract (25%), Dried Coffee Extract (4%)) White Chocolate (Minimum Cocoa 28%, Minimum milk solids 23%), Sugar, Cocoa Butter, Whole Milk Powder, Cocoa Mass, Emulsifier (Soya Lecithin), Natural Vanilla) Salt
Cream Iced Buns	Allergens: Cereals, Gluten, Milk, Wheat.	Wheat Flour (Wheat flour (Gluten), Calcium Carbonate (E170), Iron, Nicotinamide (Vitamin B3), Thiamine Hydrochloride (Vitamin B1) Fondant (Sugar, Glucose Syrup, Water) Zest Concentrate (Dextrose, Whey (Milk) Powder, Bean Flour, Wheat Gluten, E471, E482, Iodized Salt, Vegetable Oil, Pre-gelatinized RYE flour, Flavouring, Glucose syrup, E300, E920, Milk Protein, E100, Enzyme (WHEAT)) Cream (Milk) Margarine (Vegetable Fat, Palm Oil, Vegetable Oils, Rapeseed, Sunflower, Water, Salt, Emulsifier: Polyglycerol Esters Of Fatty Acids (E 475), Flavouring, Curcumin (E 100), Annatto (E 160B) Yeast
Cream Puffs	Allergens: Cereals, Eggs, Gluten, Milk, Wheat.	Water Egg Wheat Flour (Wheat flour (Gluten), Calcium Carbonate (E170), Iron, Nicotinamide (Vitamin B3), Thiamine Hydrochloride (Vitamin B1) Unsalted Butter (Milk) Cream (Milk) Icing Sugar (Sugar (97%), Maize Starch)
Profiteroles with Pastry Cream & Chocolate Sauce	Allergens: Eggs, Gluten, Lupin, Milk, Soya, Wheat. May Contain: Tree Nuts.	Milk Cows' MILK . Egg Wheat Flour (Wheat flour (Gluten), Calcium Carbonate (E170), Iron, Nicotinamide (Vitamin B3), Thiamine Hydrochloride (Vitamin B1) Caster Sugar Sugar Double Cream Cows' MILK . Dark Couverture Cocoa mass 43.0%, Sugar 43.0%, Cocoa butter 13.0%, Emulsifier SOYA lecithin <1%, Natural vanilla flavouring <1% Water Unsalted Butter (Milk) Sugar Wheat Flour (Gluten , (with Calcium, Iron, Niacin, Thiamin) Cocoa Powder (Cocoa Powder, Acidity Regulator (Potassium Carbonates)) Liquid Glucose Glucose Syrup. Egg Yolk (Egg) Salt Vanilla essence (Water, Monopropylene Glycol, Colour (Caramel E150a), Flavourings)
Puff Pastry Cream Horns	Allergens: Gluten, Milk, Sulphites, Sulphur Dioxide, Wheat.	Cream (Milk) Wheat Flour (Wheat flour (Gluten), Calcium Carbonate (E170), Iron, Nicotinamide (Vitamin B3), Thiamine Hydrochloride (Vitamin B1) Flex Pastry Margarine Palm Oil, Rapeseed Oil, Water, Salt, Emulsifier: Mono and Diglycerides of fatty acids (E471) Sugar Margarine (Vegetable Fat, Palm Oil, Vegetable Oils, Rapeseed, Sunflower, Water, Salt, Emulsifier: Polyglycerol Esters Of Fatty Acids (E 475), Flavouring, Curcumin (E 100), Annatto (E 160B) Raspberry Jam (Glucose-Fructose Syrup, Raspberries, Sugar, Gelling Agent (Pectin), Acid (Citric Acid), Acidity Regulator (Trisodium Citrate)) Icing Sugar Glace Cherries (Cherries, Glucose-Fructose Syrup, Sugar, Acidity regulator: Citric Acid, Colouring: Erythrosine, Preservatives: Potassium Sorbate, Sulphur Dioxide) Vanilla essence (Water, Monopropylene Glycol, Colour (Caramel E150a), Flavourings) Salt Lemon Juice (Water, Concentrate Lemon Juice, Lemon Oil, Preservative (Potassium Metabisulphite))

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Rum Babas	Allergens: Eggs, Gluten, Milk, Tree Nuts, Wheat.	Wheat Flour (Wheat flour (Gluten), Calcium Carbonate (E170), Iron, Nicotinamide (Vitamin B3), Thiamine Hydrochloride (Vitamin B1) Pasteurised Whole Egg Egg Unsalted Butter (Milk) Water Sugar Yeast Apricot jam Ingredients: Glucose-Fructose Syrup, Apricot, Sugar, Gelling Agent (Pectin), Acid (Citric Acid), Acidity Regulator (Trisodium Citrate). Milk Powder (Skimmed Milk Solids (24%), Lactose (Milk), Whey (Milk) Powder (Milk), Vegetable Oils (Coconut Oil, Palm Oil), Dried Glucose Syrup, Milk Proteins, Sugar, Vitamin C, Acidity Regulator (Potassium Phosphates), Emulsifier(Mono- and Di-Glycerides of Fatty Acids), Vitamin D, Vitamin A.) Cream (Milk) Strawberries, Kiwi Salt
Savarins with cream and mixed fruit	Allergens: Eggs, Gluten, Milk, Tree Nuts, Wheat.	Wheat Flour (Wheat flour (Gluten), Calcium Carbonate (E170), Iron, Nicotinamide (Vitamin B3), Thiamine Hydrochloride (Vitamin B1) Pasteurised Whole Egg Egg Unsalted Butter (Milk) Water Sugar Yeast Apricot jam Ingredients: Glucose-Fructose Syrup, Apricot, Sugar, Gelling Agent (Pectin), Acid (Citric Acid), Acidity Regulator (Trisodium Citrate). Milk Powder (Skimmed Milk Solids (24%), Lactose (Milk), Whey (Milk) Powder (Milk), Vegetable Oils (Coconut Oil, Palm Oil), Dried Glucose Syrup, Milk Proteins, Sugar, Vitamin C, Acidity Regulator (Potassium Phosphates), Emulsifier(Mono- and Di-Glycerides of Fatty Acids), Vitamin D, Vitamin A.) Cream (Milk) Strawberries, Kiwi Salt
Swiss Roll with Jam & Cream	Allergens: Eggs, Gluten, Milk, Soya, Wheat.	Pasteurised Whole Egg Egg Raspberry Jam (Glucose-Fructose Syrup, Raspberries, Sugar, Gelling Agent (Pectin), Acid (Citric Acid), Acidity Regulator (Trisodium Citrate)) Cream (Milk) Sugar Wheat Flour (Wheat Flour, Gluten , Soya , Calcium Carbonate (E170), Iron, Niacin, Thiamine) Glycerine (Vegetable Glycerine (derived from Rapeseed)) Gluten Free Baking Powder (Raising agents (E 450 (diphosphates), E 500 (sodium carbonates), maize starch)